

# Press Release

PR 2573

04 January 2012

For Immediate Release

## Cyclists urged to lead the way with Sky Ride

Cyclists with a passion for pedal power are being urged to sign up to the Sky Ride leader course to help organise local leisure rides in the run up to the 2012 Olympic Games.

Sevenoaks District Council, in partnership with British Cycling and Kent County Council, are planning to run 10 community led Sky-rides in the Sevenoaks District for beginners through to more experienced cyclists.

Cyclists who sign up to be ride leaders will receive kit, training, support and payment for delivering a Sky Ride as well as a recognised qualification with British Cycling.

Sky Ride training will take place on 28 January and 4 February in the Gravesend area.

Once qualified, leaders will be able to plan and deliver local community led rides with support from British Cycling and the District Council.

Leaders will need to be available on Sundays and some Saturdays in the spring, summer and autumn of next year and to help with at least four local rides in the District and the wider Kent area.

Cllr Pat Bosley, Sevenoaks District Council's Cabinet Member for health, says: "The Sky Ride will be a great chance for cyclists to inspire others to enjoy this sport, which has many health and environmental benefits."

Places on the Sky Ride leader training are limited and must be booked in advance. To register and receive further information, please contact Sevenoaks District Council on 01732 227000 or e-mail [healthyliving@sevenoaks.gov.uk](mailto:healthyliving@sevenoaks.gov.uk).

### Notes for editors

Sky Ride is a national campaign from Sky and British Cycling created to inspire and help everyone whatever their age or ability to get on their bikes and have fun. The ambition is to get one million more people cycling regularly by 2013. Visit [www.goskyride.com](http://www.goskyride.com) for more information.

British Cycling is the National Governing Body for cycling. They're the only organisation that works for cyclists at every level - from beginners and children right through to the elite athletes in the GB team. Visit [www.britishcycling.org.uk](http://www.britishcycling.org.uk) for more information.

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